

# Ballard

## Community Center and Pool



## Winter Program 2004

Ballard Community Center  
6020 28th Ave. N.W.  
Seattle, WA 98107  
206-684-4093

Ballard Pool  
1471 NW 67th St.  
Seattle, WA 98117  
206-684-4094

[www.seattle.gov/parks](http://www.seattle.gov/parks)

# BALLARD COMMUNITY CENTER

**6020 28th Ave NW Seattle, WA 98107**

**(206) 684-4093**

## **Ballard Community Center Staff**

Theresa Burns                      Center Coordinator  
Chris Easterday      Asst. Center Coordinator  
Zach Sorola                      Recreation Attendant  
Anthony Robinson      Building Maintenance

## **Parks Department Management Staff**

Ken Bounds                      Superintendent  
Christopher Williams      Division Director  
Kathie Huus                      Manager  
Tom Ostrom                      Senior Coordinator

### **Winter 2004**

#### **Public Hours of Operation**

Mon/Wed/Fri..... 11:00 pm—9:00pm  
Tues/Thurs..... 1:00—9:00 pm  
Saturday..... 9:00 am—5:00 pm  
Sunday .....Closed

## **Winter Holiday Closures**

Ballard Community Center will be **closed** on the following holidays:

**New Year's**                                      **January 1**  
**Martin Luther King Jr. Day**      **January 19**  
**Presidents Day**                              **February 16**

### **Limited Hours**

**Christmas Eve**                              **December 24**  
**New Year's Eve**                              **December 31**  
10 am-6:00 pm                      (open to the public)

**Maintenance Closure March 29—April 9**



## **SEATTLE PARKS & RECREATION**

### **Mission Statement**

*Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.*

## **REGISTRATION**

Mail in registration begins Saturday December 13 at 9:00 am. Walk in, and phone in registration begins Monday, will be accepted after 12:00 noon on January 5. Most classes begin the week of January 12.

## **PAYMENTS**

You may pay for classes and activities by check, money order, or VISA, MasterCard, or American Express during our regular hours of operation.

Please make your check or money order payable to:

### **Ballard Advisory Council.**

A \$20.00 fee will be charged for all dishonored checks.

**Please access our brochure on line at [www.seattle.gov/parks](http://www.seattle.gov/parks)**

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# Special Events

## **Daddy Daughter Dinner/ The Orient Express**

Now in it's 14th year, this event has become a tradition for dads and their girls of all ages. This year will have an Orient Express theme. Plan ahead now!

**Saturday, Feb. 7, 6—9 pm**

**Tickets go on sale Dec. 1**

**\$40 per dad/daughter**

**\$10 each additional daughter**



Our 13th Annual Daddy Daughter Dinner is a Ballard Tradition!

**Saturday, February 7**

**6:00—9:00 pm**

**\$40 per Dad/Daughter,**

**\$10 each additional daughter.**

**Call 684-4093 to register,  
or for more information!**

## **Spring Sports Sign Up \$30**

Sign-ups for Girls Softball and Track and Field begin February 24! Practice days and times will be available at registration.

### **Girls Softball**

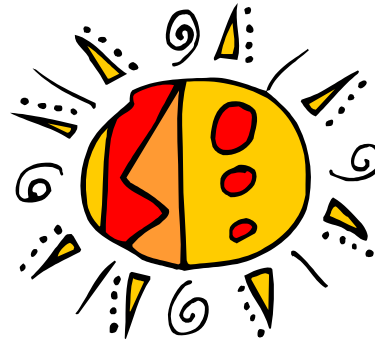
Ages 8-9, 10-11, 12-13, 14-17

### **Track and Field**

Ages 7-17

**Sign Ups begin February 23**

**Cost: \$30 includes T-shirt**



## **Summer Day Camp Registration**

**Monday, April 12 6:00 pm**

Yes we know it is winter and we are enjoying the cold, but it is time to think about summer fun! Sign up early for summer day camp to reserve your spot! Don't miss out. Here are some of the great weeks we have planned.....

**Check It Out! 6/28—7/2**

**Animal Style 7/5—9**

**Water Water Evrywhere 7/12—16**

**Sounds Fair to Me 7/19—23**

**Let's Make Music 7/26—30**

**Park It! 8/1—5**

**Squish, Squirt & Splat 8/8—12**

**Weird Science 8/15—19**

**ArtQuake! 8/22—26**

**The Good Old Days 8/28—9/2**

Each week we will have a bicycle day, swimming day and library day as well as a field trip, sports and crafts. Check it out!

Call 684-4093 for more information!

## **Spring Egg Hunt**

**Saturday, April 10**

**10:00 am sharp!!!**

**PONY Rides from 10:00-12:00  
(for only \$2.00 per ride)**



## **Flashlight Egg Hunt**

**For Ages 10 and over**

**Friday, April 9**

**8:00 pm sharp!**

# Play-School Programs

## Ready, Set, Go Play-school

### Playschool Schedule & Payment Notes

These monthly program fees are based on the 9 month program (Sep—Jun) and will not change each month. Monthly fee due by the 25th of the previous month. Class age as of Aug 31.

Schedule generally follows Seattle Schools for holidays. (No class January 20, or February 17 )

### **READY!** (age 2) **\$300 or 4 payments of \$75**

Fun and stimulating activities emphasize socialization and motor skills through art & crafts, games, stories, singing and more! Great, positive atmosphere. Instructor: **Debbi Welsh**

**Days:** Tue/Thu, Jan. 6—Mar. 25

**Time:** 9:00 am-10:30 am

### **SET!** (age 3) **\$400 or 4 payments of \$100**

Fun and stimulating activities emphasize socialization and motor skills through arts & crafts, games, stories, singing, sharing, friendships, and more! Great, positive atmosphere. Children must be potty trained. Instructor: **Debbi Welsh**

**Days:** Tue/Thu, Jan. 6—Mar. 25

**Time:** 10:45 am-12:45 pm

### **GO!** (age 4-5) **\$720 Qtr/ or 4 payments of \$180**

This pre-school program provides that extra time for learning and socializing that your child needs for school readiness. This class will consist of walking trips to explore our neighborhood, incorporation of learning into our daily lives, and a cooperative learning experience involving parents! A warm, positive atmosphere and a large variety of activities enhance children's curiosity, creativity and academic skills. Parent involvement encouraged! Bring a lunch!

Instructor: **Debbi Welsh**

**Days:** Mon/Wed/Fri Jan. 5—Mar. 26

**Time:** 9:30 am-12:30 pm

## Toddler Play Areas **\$20**

**Toddler Play Room** Drop in and let your tot play with big soft toys, plastic climbers, kitchens, blocks and other fun things. Socialize with other tots and parents. Please stay with your child. *Health Department Mandate: carry out soiled diapers. Do not dispose in public cans.*

**Mon & Wed** 11:00 am—8:45 pm

**Fri** 11:30 am—8:45 pm

**Saturday** 9:00 am—5:45 pm

### **Toddler Gym**

Run, play ball, bring in your tricycle!

**Mon & Wed** 11:30 am—2:00 pm

**Fri** 11:00 am—2:00 pm

(Times subject to change)

## **Just Starting Sports** **\$36**

Welcome to the Winter 2003 world of Sports! This is an entry-level class for ages 4—5 and includes mild sports instruction and lots of active time. Since it's basketball season, we will definitely play that and also teach the basics of baseball and soccer. No matter what we are doing, we will have fun and play! . Parents are welcome to stay and assist and watch!

**Days:** Wednesdays, Jan. 8—Feb. 12

**Time:** 4:00—5:00 pm **Cost:** \$36



# Pre-School Dance

## Dandelion Dance

**Anne McBroom** is a dancer, choreographer and actress with 13 years of experience teaching children dance and drama. She is professionally trained and has worked with Ballet West, Circle in the Square Performance School in New York City and has choreographed for Book it Repertory Theater and Youth Theater Northwest. She is certified to teach dance through Anne Gilberts Creative Dance Teachers Institute in Seattle.

### Creative Movement \$65

These classes are a unique blend of dance and drama-taught through the conceptual approach. Children experience the joy of movement while engaging the imagination, learning dance technique and enhancing brain development. It is fun and healthy! Through rhyming exercise, movement stories, and dance combinations, children gain confidence in their bodies, while expanding their creative choices! Boys as well as girls have enjoyed these classes. Parents and friends are invited to come and celebrate our learning with us on the last day of class!

Instructor: **Anne McBroom**

**Days:** Saturdays Jan. 17—Mar. 20  
(no class Feb. 14, Mar. 6)

**Time:** 4-5 yrs 10:20-11:15 am  
6-8 yrs 9:15—10:10 am

**Days:** Tuesdays Jan. 20-Mar. 16  
(no class Feb. 17)

**Time:** 3-4 yrs 11:00-11:50 am

### Parent/Toddler Dance \$65

This popular class returns at an earlier time! Experience the joy of dancing with your child while exploring movement concepts and learning new skills. Brightly colored props and a wide variety of music and rhythm instruments make for a fun and educational environment. Activities are taught that can be explored at home. Caregivers always welcome.

Instructor: **Anne McBroom**

**Ages:** walking—3 yrs 10 weeks

**Date:** Tuesdays, January 14—March 25

**Class A:** 10:00 am-10:55 am

**Class B:** 11:00 am-11:55 am



## Pre-School Arts\*

See page 13 for complete descriptions

### Sculpture and Things

Painting on paper not enough? Let's build things! (and then paint them.)

Instructor: **Carrie O'Donoghue**

**Dates:** Jan. 10—Mar. 27 (no class 2/7 & 3/13)

**Days:** Saturdays

**Time:** Ages 2—3 9:15—10:00 am \$78  
Ages 4—6 10:15—11:15 am \$85

### TOT-al Immersion Art \$60

Learn to make your mark! Experience a variety of hands-on (and feet-on) learning fun!

Instructor: **Carrie O'Donoghue**

**Dates:** **Session 1:** Jan 7—Feb 4

**Session 2:** Feb 18—Mar 17

**18—35 mos** (with an adult unless toilet trained)  
Wednesdays 4:15—5:00 pm

**Ages 3 to 5** Wednesdays 5:15—6:00 pm

# Pre-School Dance

## Music for Moppets \$60 NEW!

by *Leap into Music!*

A preschool music program for 4 to 6 year olds. Classes are based on the world-renowned Robert Pace Approach, developed at the *Julliard School of Music*. The program teaches the fundamentals of music and is filled with fun for young children ages 4—6. No practice assignments are given, however sharing at home is encouraged. Music for Moppets is a blend of music, movement and drama where children work in groups of four to six once a week for 45 minutes. Students learn beginning skills to express their innate love of music. The focus of these classes on creative thinking and understanding, steering clear of rote learning. Through a series of improvisational experiences, students develop creative thinking and build self-confidence. Parents are kept informed of progress and several open classes gives students the opportunity to share what they have learned. Max enrollment 6. Ages: 4-6

Instructor: **Elizabeth Jennings**

**Dates:** January 17—March 20

**Days:** Saturday 10 weeks

**Time:** 9:00--9:45 am  
10:00-10:45 am \$60



©

## Miss Ellie's Danceworks

**Tap** An exhilarating dance form in the classic L.A. style. Learn the traditional soft shoe in a course that works in rhythm coordination and presentation. **\$62**

**Beg. Jazz** A class designed to cultivate the student into presenting the whole body through Jazz technique and upper and lower body movements. **\$62**

**Gymnastics** A fun introduction or continuation, this program includes a warm-up, flexibility work and a cool down. The students work at their own pace and learn forward rolls, handstands, cartwheels, front and back limbers, walk-overs, crabwalk up-side down, and a whole lot more. They become strong and flexible able to go further into handsprings. It is important that they take one dance class a week to develop proper unit between grace, poise, strength and coordination. Come join us for this fun and active class. **\$70**

**Tumbling** children learn summersaults, forward and backward, they learn how to develop arm and leg strength with flexibility, improving balance and good coordination in their body as a whole.

**Marching Band** This is a special program for boys and girls. This class involves movement, music, rhythm, songs and different bright colored props, musical instruments, etc. **\$62**

Instructor: **Ellie Jo Roberge**

**Classes start the week of January 12**

<b>Mondays:</b>	<b>Class:</b>	<b>Ages:</b>
11:35-12:20 pm	Marching Band	6-12
(no class 1/19, 2/16)		9 Weeks

<b>Fridays:</b>	<b>Class:</b>	<b>Ages:</b>
10:45-11:30 am	Tumbling	3-6
12:00-12:55	Beg. Jazz	3-6
1:00-1:45 pm	Tap	3-5
		10 Weeks



# Youth Dance

## Dance with Chloe



Thursday afternoon Ballet classes at Ballard Community Center are here and ready for dancers! Boys and girls are invited to join instructor **Chloe Davenport** for fun learning basics of movement and dance. Class age as of Aug. 31.

Instructor: **Chloe Davenport** 11 Weeks

**Thursdays January 15 -- March 25**

**CREATIVE DANCE 3-4's Thurs (3 yrs) 12:30-1:15 (4 yrs) 1:15-2:00 pm \$70**

Hopping! Leaping! Twirling! Through fantasy and games the children learn basic movement skills and vocabulary such as gliding, and stretching to name a few. Boys and girls will also be encouraged to work as a team and make individual choices in their expressive movement.

**PRE-BALLET 4-5's Thurs 3:30-4:15 pm \$72**

Children experience the joy of dancing while learning basic movement skills and vocabulary including sliding, jumping, turning, and balancing. Beginning ballet concepts are taught through short fun dances and rhythmic games as well as creative assignments.

**PRE-MODERN 4-5's Thurs 4:15-5:00 \$72**

While fantasy and creativity are still at the root of this class, rhythmic and energetic modern dance exercises will help strengthen and stretch our bodies. Movement concepts such as space, force and rhythm will be explored through games that develop creativity. We will also learn specific dances to enhance our new understanding of those concepts. Children should wear a leotard and footless tights of any color and have their hair pulled out of their faces.

**BALLET I 6-7's Thurs 5:00-6:00 pm \$72**

Basic ballet vocabulary is taught and combined into fun, energetic and expressive dances. Traditional ballet bare and center-floor work will be introduced and a creative game will round out the hour.

**BALLET II 8+ Thurs 6:00-7:00 pm \$72**

This class is for kids who have had some ballet and for older beginners. Students will continue to develop skills at the bare and center-work as well as their expressive abilities through creative/compositional assignments.

**Uniform requirement for all classes:** Girls: pink tights and pink ballet slippers, leotard and hair pulled into a bun if possible. Boys: black tights and black ballet slippers and a T-shirt.

\*\*\*Parents and friends are invited to join us for a demonstration/performance on the last day

### Thumblina/Tumblena \$52

A class for Mom or Dad and me. For ages walking to 3 years. In this class, parents and their toddlers explore the elements of Dance movement, strength, and flexibility in a playful in a playful and flexible atmosphere. We use props and music to enhance our explorations. We include ways of improving balance & good coordination. The tumbling moves also help with Mind/Body connection and gives the child an easier time in school when learning to read and write. **\$52**

Instructor: **Ellie Jo Roberge** 8 Weeks

**Classes start the week of Jan 12**

**Mondays: Class: Ages:**  
10:45-11:30 am Thumblina walking-3 years

**Ballet Hair Workshop \$5**  
Learn to do your little ballerina's hair. Princess style, buns and other great tips.  
Thursday Feb. 19, 7:15-8:00 pm.

# Fun Stuff for Kids

## Exploring with Mom / Dad and Me

A pre-school program series for 4 - 5 year-olds with a parent/caregiver. This program series offers chances to connect with your child and the outdoors in ways you didn't imagine possible. Model your joy in the simple pleasures of the outdoors and your children will love it always. This 6 part series goes through awareness of surroundings, magnify! (seeing all parts of the whole), rocks, water and land, all about plants, bugs and spiders and the 'web of life. Each week will include outdoor exploration and a snack. Taught outdoors at Golden Gardens Bathhouse by Carkeek Park Naturalist, **Matt Walters**.

Come **rain or shine!**

**Days:** Saturdays, Jan. 24—Feb. 28

**Time:** 10:00—11:30 am

**6 weeks**

**Cost:** \$55.00 per parent/child, \$25 second child

## Just Starting Sports \$36

Welcome to the Winter 2003 world of Sports! This is an entry-level class for ages 4—5 and includes mild sports instruction and lots of active time. Since it's basketball season, we will definitely play that and also teach the basics of baseball and soccer. No matter what we are doing, we will have fun and play! . Parents are welcome to stay and assist and watch!

**Days:** Wednesdays, Jan. 8—Feb. 12

**Time:** 5:00—6:00 pm

**Cost:** \$36

## Kids Clay \$62

Handbuilding using coils and slab, and wheel throwing for kids! Learn to make cups, wind-chimes, beads and more plus practice on the potters wheels! Don't miss this chance to play in clay and make great gifts and treasures! Includes one bag of clay, glazes and firing.

Instructor: **Andrea Hayes**

**Days:** Mondays, Jan. 26—Mar. 8

**Time:** 4:30—6:00 pm

**6 weeks**

**Cost:** \$62

## Piano/Guitar or Singing Lessons \$130

Local professional artist brings his teaching expertise to Ballard CC. With experience in pop, jazz, and classical music as well as composition you can turn your interest in beginning or continuing piano, guitar or singing into a lifelong love of music. Owning a keyboard/ piano helpful and singers need to have access to a tape player. Call 684-4093 to register for your 30 min weekly session. Instructor: **Bruce Howard**

**Dates:** Jan 12—March 15 (No class 1/19 or 2/16)

**Days:** Monday or /Friday

**Time:** 3:30—5:30 (half hour lessons)

**Fee:** \$130 or 2 payments of \$65

## Valentine Cookies for Kids \$12

Make the funniest and fanciest valentine cookies in town!

Instructor: **Jennifer Larsen**

**Days:** Tuesday, Feb. 10

**Time:** 4:00—6:00 pm

**Cost:** \$12.00



## Valentine Cards for Kids \$12

Make your own valentines for your classroom friends and family!

Instructor: **Jennifer Larsen**

**Days:** Tuesday, Feb. 3

**Time:** 4:00—6:00 pm

**Cost:** \$12.00



## Cake Decorating for Kids \$25

Learn to decorate cakes in three different surprise designs! Class includes basic cake decorating supplies for each student. Please bring an unfrosted single layer 8" round cake to each class. You will decorate it and bring it home to share with your family! Instructor:

**Jennifer Larsen**

**Days:** Tuesdays, March 2, 9 & 19

**Time:** 4:00—5:00 pm



# Childcare Programs

Our Before & After School/ Kidsplace programs offer child-friendly care, easy for working parents of kindergarten—5th graders at Ballard Community Center. So much to do, so little time: games, cooking, running, reading, art, crafts, sports, snacks, music, dance, computers, homework, movies, even karaoke contests! Ballard CC is DSHS site and program-approved for highest quality time away from home and school. Most children attend Adams, West Woodland, Whittier, COHO/NOMS, or Loyal Heights schools.

Ballard Kid Care follows the Seattle School District schedule: Wed Sep 4, 2002—June 19, 2003. Program fees are spread evenly through the entire nine-months (178 days) of school. Conference half days are included in the monthly fee. Discounts for holidays and weekly breaks will be given to our current participants—advance registration & payment required.

## FEES \*

Monthly fees to be paid ahead by the 25th:

<b>MORNING</b>		7:00-9:00 am
Full time	5 days/week	\$175
Half-time	3 days/week	\$129
Part-time	2 days/week	\$86
<b>AFTER SCHOOL</b>		3:15-6:15 pm
Full time	5 days/week	\$230
Half-time	3 days/week	\$165
Part-time	2 days/week	\$110
<b>BOTH PROGRAMS</b>		

Registration is ongoing throughout the school year as long as space is available. There is a \$25 annual materials/supplies fee. Medical and authorization form and immunization records must be completed and on file prior to attending. Families using DSHS for payments must provide all documentation.

## VACATION AND NO SCHOOL DAYS \$25 Day/95 week

Winter break camps, as well as single days out of school are additional fees. Pre-registration and payment is required for these sessions.

**\*Scholarships are available.** Please call Terri at 684-4093 for information and application.

## REGISTRATION



## School Break Camps

Remember, you always have a fun and safe place for your kids during those in service training days, conference half days and holiday breaks! Offered at a discount to our regular Before and After School participants, these programs are also open to the general public. Please register in advance. Must register at least 1 week in advance.

### Half Day Camps:

**Winter Break:** Dec. 22—Jan 2

**Mid Winter:** Feb. 16—20

**Spring Break:** Apr. 5—9

**Call for prices and to register! 684-4093**



# Youth Sports

## Little Beavers Basketball \$45

With Michael Johnson and Donald Watts of *HOOPAHOLICS ACADEMY*

The 2004 "Little Beavers" is an eight week program for young boys and girls ages 6 thru 8. The focus of the camp is to teach basic fundamentals that will help each young athlete in developing their basketball skills. Former University of Washington players, Michael Johnson and Donald Watts, will coach this year's program. The program is for Boys and Girls, and begins January 12th and runs for eight weeks. Includes T-Shirt.

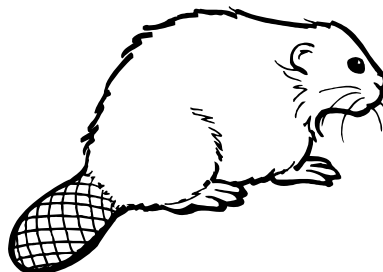
Days: **Mondays**, Jan. 12—Mar. 15  
(no class 1/19 or 2/16)

**Session I** 4:00-5:00

**Session II** 5:00-6:00

**Cost: \$45.00**

**Volunteer Coaches Welcome!**



## Urban 4-H

### Urban 4-H!

Are you into it?

4-H membership is open to youth enrolled in Kindergarten through age 19. At Ballard Community Center members tend an urban garden, learn about cooking, arts & crafts, community service/service learning, and exploring the world of science. Enrollment is open to youth ages 5 (as of October 1) through age 19. Younger members learn by "doing" in a hands-on environment. Register at Ballard Community Center. Volunteers are always welcome! Community Service Learning opportunities for teens are available. Leader: Elaine Dunn

**Saturdays January 17—March 20**

**2:00—3:30 pm**

**1st Saturday of the month**

Clover Buds—grades K-2

**2nd Saturday of the month**

Juniors—grades 3,4,5

**3rd Saturday of the month**

Intermediates—grades 6,7,8

**4th Saturday of the month**

New  
Time!

### Winter 4-H Events

#### Club Meetings

**Saturdays 2:00—3:30 pm**

**January 17—March 20**

#### Know Your Government Conference

February 15—19

Held in Olympia for youth ages 14—19.

Mandatory preparation classes will be held in December and January. The conference will be held Feb. 15-19, 2004

Call Bob Dunn at 782-6261.

#### Mars Mania

January 24 & 25 at Pacific Science Center

Ages 14 and over

# Teen Programs

## **Service Learning / Community Service Hours**

Attention High School students! Ballard Community Center offers Service Learning and Community Service Opportunities. Each of these opportunities requires teens who are responsible, dedicated, dependable, hardworking, trustworthy, self-motivated, detailed oriented, and comfortable with working in group settings. Many of the opportunities that we provide are service based and require an understanding of customer service. If you are interested in the many Service Learning/Community Service opportunities that we have available please call D'Juan at 684-4093 or Ron Mirabueno the service Learning Coordinator at 233-3979.

## **Homework Circle ( HWC)**

**Mondays- Thursday 2:30-3:30**

**Ballad and Loyal Heights Community Centers**

Dedicated space will be set aside at each community center for one hour after school Monday-Thursday for those teens that would like help with their homework or upcoming projects.

## **Teen Weight Room Takeover      Free**

Mondays and Wednesday 4:30-6 pm

Loyal Heights Community Center

Grades 6<sup>th</sup> -12<sup>th</sup>

Must have Weight Room Orientation

## **Life Skilz Cooking      Free**

Tuesday 3:30-5:30

Ballard Community Center

Grades 6-12

Instructor: **Jennifer Larsen**

Are you an expert in Top Ramen? What about a master of the microwave burrito? If so, then you need this program more than you know. Join us every Tuesday as we discover a brave new world.... The kitchen.

## **WANTED**

Do you have a special passion, gift, talent, and have an extra one or two hours a week of free time?

The Ballard Teen Program is in **Need** of Adult Volunteers, and Volunteer Instructors. If you would like to share your skills, time, and energy with local neighborhood teens grades 6<sup>th</sup> – 12<sup>th</sup> please contact Loyal Heights Staff.



## **Dance Fever (Urban Elements)**

Monday 2:30-3:30

Loyal Heights Community Center

Age 6<sup>th</sup>-12<sup>th</sup> Grade

Instructor: Kim Nguyen

Want to fresh up on your grooves? Want to ditch the side to side sway that you have become accustomed to? Want a way to work in your winter workout while having fun? If so, then this program is for you. Dance Fever Urban Elements is a specialized Hip-Hop dance class that breaks down the dance forms which make up a large part of Hip-Hop and allows you to self choreograph a hip hop dance for you and your friends while enjoying a full aerobic workout.

**Don't miss page 2...**



# Teen Programs

## Teen Trainers in Training and Ballard/ Loyal Heights Teen Advisory Council

Teen Trainers:

Tuesday 3- 4:30 at Loyal Heights

Ballard/ Loyal Heights Teen Advisory Council Round Table Meetings

3<sup>rd</sup> Thurs of every month

6:00 pm Dinner Provided.

One of the best ways that you can earn your service learning credits is by being a part of the Teen Trainers in Training Program and the Ballard/Loyal Heights Teen Advisory Council Round Table. This hour will be set aside every 3<sup>rd</sup> Thursday for these groups to plan, facilitate, and work on their leadership and communication skills.



## Suitcases of Hope

**Free**

Wednesdays 3-4 pm

Loyal Heights Community Center

Grades 6-12

Suitcases of Hope is a program where Teens personalize and decorate donated suitcases for foster children in our community. If you have a passion for art or just like to have fun this is a great way to make a positive difference in our community.

## Open Swim at Ballard Pool Free

Wednesdays 5-6 pm

Ballard Pool

Grades 6-12

Come join us each Wednesday as we transport teens down to Ballard Pool and back to your community center for an hour of open swim.

Pick up time: Loyal Heights CC 4:30 pm

Ballard CC 4:45 pm

## Teen Room Art Mural Project

Thursday 4-5:30

Ballard Community Center

Grades 6-12

Instructor: Jennifer Larsen

**WE NEED HELP!!!!** Ballard Community Center has been given the opportunity to design a mural for the Ballard Teen Room. This will be an opportunity to allow your creative juices to flow. So come by, help out, and receive Service Hours for your time well spent.

## Beauty Shop

**Free**

Fridays 3:30-4:30

Loyal Heights Community Center

Grades 6-12

Join us every Friday as we learn the secrets of beauty by professionals. Each week will focus on something new and exciting. From Hair and makeup to health and fitness, this program is guaranteed to be refreshing and revitalizing.

## Dinner Club

**Cost \$5 each Friday**

Fridays 5:30-8

Pick up sites: Loyal Heights and Ballard Community Centers

Grades 6-12

Dinner club is an exciting new feature in Ballard area teen programming. Each Friday we will explore new culinary delights. Bring your appetite, 5 dollars and a sense of adventure. Please arrive at either site no later than 5:30.

## Red Cross Babysitter's Training

The Babysitter's Training course from American Red Cross will teach you everything you need to be a great babysitter. This fun, interactive course teaches first aid and safety skills so you can prevent and respond to emergencies. And, as a Red Cross-trained babysitter, you'll gain confidence and valuable employment skills to impress parents. Bring a lunch. Call 323-2345.

**Session I:** Saturday, January 24

**Session II:** Saturday, March 6

**Time:** 9:00—4:00 pm **Cost per session:** \$30.00

# Parent/Child Programs

## Nature Discovery \$60

Tired of crowded beaches? Let's check out Golden Gardens this Winter. Together we'll search for life along the beach and wooded trails at one of Seattle's favorite parks. Lessons this season include: Forest Ecology, Beach Ecology, All about Water, Nature Art, Survival Skills, and a Night Hike (TBA). These lessons provide a great opportunity for 6-12 Year olds to explore nature with in a small but supportive study group. Snack and hot cocoa provided. Dress for the weather, class held rain or shine! Maximum 10 children.

Instructor: Carkeek Park Naturalist,

**Matt Walters,**

**Meet at the Golden Gardens Bathhouse, rain or shine!**

**Dates:** Jan. 20—Feb. 24

**Days:** Tuesdays

**Time:** 4:00—5:30 pm

**6 weeks**

## Miss Ellie's Danceworks \$62

Introducing **Miss Ellie Jo Roberge** our newest instructor. She brings a wealth of knowledge and experience to our Community Center. Besides teaching technique Ellie Jo believes that a dance education also offers many valuable benefits, such as: Grace, Poise, Good Health, Recognition of Mind and Body Unity, and Self Expression thru Self Confidence. A dance education also teaches children to take direction and cooperate with a group, at the same time developing powers of concentration. A genuine and personal interest is given to each child.

**Tap** An exhilarating dance form in the classic L.A. style. Learn the traditional soft shoe in a course that works in rhythm coordination and

**Class starts January 17**

**Saturdays: Class:**

1:00-2:00 pm

Tap

**Ages:**

6-11

10 weeks

## TOT-al Immersion Art \$60

Learn to make your mark! Experience a variety of hands-on (and feet-on) learning fun! Your child will create and explore art through their senses. Your child tries and learns about color, texture, shape, and line with paint, printmaking and collage. Dress for mess. Invite your favorite grown-up. Repeat students always welcome! 5 week sessions.

Instructor: **Carrie O'Donoghue**

**Dates:** **Session 1:** Jan 7—Feb 4

**Session 2:** Feb 18—Mar 17

**Ages 18 mos—35 mos**

(with an adult unless toilet trained)

Wednesdays 4:15—5:00 pm

**Ages 3 to 5**

Wednesdays 5:15—6:00 pm

## Sculpture and Things NEW!!!

Painting on paper not enough? Let's build things! (and then paint them.) In this class your child will explore 3 dimensions. Class projects will be age appropriate beginning with simple relief designs and basic hand building, then move into larger scale projects made of cardboard modules and glue, paper mache, casting materials and finish the class with life-sized stuffed dolls. Dress to mess and ages 2-4 bring your favorite grown-up. 10 weeks

Instructor: **Carrie O'Donoghue**

**Dates:** Jan. 10—Mar. 27 (no class 2/7 & 3/13)

**Days:** Saturdays

**Time:** Ages 2—3 9:15—10:00 am \$78

Ages 4—6 10:15—11:15 am \$85

\*Ages 7—9 11:30—1:00 pm \$102



# Family Activities

## Friday Family Nights

We have put together this fun slate of activities suitable for all ages! Join us for a relaxing evening of fun for everyone! Programs are planned to begin at about 6:30 pm and end at 8:00 pm. Most activities are free unless otherwise noted!

1/9	Dinner & Movie Finding Nemo	\$3/10
16	Captain Ballard's Bingo	\$1
23	Pacific Science Center Mobile Planetarium	\$3/10
30	Insect Safari	\$3/10
2/6	Dinner & Movie Spaghetti & Lady & the Tramp	\$3/10
13	Valentine Fun	\$3/10
20	Bingo!	\$1
27	Family Arts & Crafts	\$3/10
3/5	Dinner & Movie Thumb Wars	\$3/10
12	Luck O' the Irish Party Darby O'Gill and the Little People	\$3/10
19	Bingo!	\$1
26	Lion King 1 1/2 sing-a-long	\$3/10

### Captain Ballard's Bingo \$1

Join Captain Ballard for a great night of family bingo! Lots of fun for kids and parents alike as we play black-out, four corners and double 'x'. Many fun surprises and prizes can be won! Each participant may only play one card at a time.

**Friday, Jan. 16, Feb. 20 & Mar. 19**

**6:30—8:00 pm \$1. per person per night**

### Dinner & Movies

All your favorite movies plus dinner

**Friday, Jan 9, Feb. 6, & Mar. 5, 26**

**6:30—8:00 pm (some movies will go longer!)**

**\$3 person or \$10 for a family of 4**

# Adult Fitness

## Aerobics

Cardiovascular exercise and strength training to burn fat and tone muscle, balance and flexibility work—all in one class! Great fun for all fitness levels. You can positively change or improve your physical fitness and body shape. Join us for a free introductory class! **Punch Cards:** 10 for \$45

20 for \$80

30 for \$110

**Dates:** January 5-March 26 (No class 1/19, 2/16)

### Daytime

Mon/Wed/Fri 9:30-10:30 am

Instructor **Katie Franklin** is a certified **ACE** certified Group Fitness instructor.

### Evening

Mon/Wed 6:30-7:30 pm

Instructor **Heather Ward-Richter** is a certified group fitness instructor.

## Morning Class Babysitting

Continued tradition at Ballard CC to offer quality babysitting in the toddler play room during morning Aerobic and Yoga classes. Please contact staff if you need this service.

**Mon/Wed/Fri 9:30—10:30 am**

**10 Punch Card: \$30**

**Baby sitting for Circuit class:** Please contact Ballard CC staff if you need babysitting for this class. Arrangements made if enough interest.

## Yoga

**\$40/Session**

Develop increased strength, flexibility, and a sense of relaxation through a combination of breath work, postures and strengthening exercises. Join this popular class and come away refreshed!

Instructor: **Carole Barrer**

**2 Six Week Sessions**

**Days/Time:** Tue, 7:00—8:00 pm

**Session 1:** Jan. 5—Feb. 10

**Session 2:** Feb. 17 —Mar. 23

## Red Cross First Aid/Adult CPR \$45

Update your First-Aid and CPR Certification.

This class meets WISHA and OSHA requirements. New classes meet the second Tuesday and Thursday of every month!

**To register call The American Red Cross at:**  
**(206)323-2345**

**Tue & Thur 5:00—9:00 pm**

**Jan. 13 & 15, Feb. 10 & 12, Mar. 9 & 10,**

**Apr. 13 & 15, 2004.**

# Musical Options

## Piano, Guitar or Singing Lessons

**\$130**

“Learn to play piano at my age?” YOU BET!

AGAIN, YOU BET! A local professional artist brings his teaching expertise to Ballard CC. He invites you to discover (or RE-discover) what you like about music. You can learn beginning or continuing piano, guitar or singing. Owning a keyboard/piano is helpful and you need access to a tape player for singing lessons. Call 684-4093 to register for private 30 minute weekly sessions. Some daytime sessions available, call for times. Instructor: **Bruce Howard**

**Dates:** Jan. 12—Mar. 22 (no class 1/19 & 2/16)

**Days:** Mondays/Tuesdays

**Time:** 5:30—6:30 pm

**Fee:** \$130 for 8 or 2 payments of \$65

## Seattle Civic Band

The Seattle Civic Band is an intergenerational community band composed of wind and brass instrumentalists and percussionist now celebrating its 13th year of creating music. It was founded in 1989, shortly after the opening to the Ballard Community Center. The Civic Band presents concerts through out the Puget Sound area, playing a repertoire of light classical, popular Broadway and march tunes. The band is actively seeking new members in all sections. No auditions are required, and players of all levels and ability are welcome. A quarterly fee from each member covers registration and music expenses. Call 729-3534 for more information. Conductor: **Jo-Ann Christen**

**Days:** Thursdays, Jan. 16—Mar. 20

**Time:** 7:30—9:00 pm

# Pottery Classes

## Pottery-Basic & Continuing \$130

For beginning and continuing students. Learn the basics of wheel throwing or increase your current skill level with focused project work. We'll explore lots of hand building, including coil building, extruding and slab work and altering our wheel thrown pieces. We'll play with a variety of surfacing techniques. Participants must choose the session which they wish to attend.

Instructor: Mon/Wed: **Andrea Hays**

Tue: **Barbara Dunshee**

**Mondays**

**Jan 12—Mar 22**

(No class 1/19 & 2/16)

**Tuesdays**

**Jan 13—Mar 2**

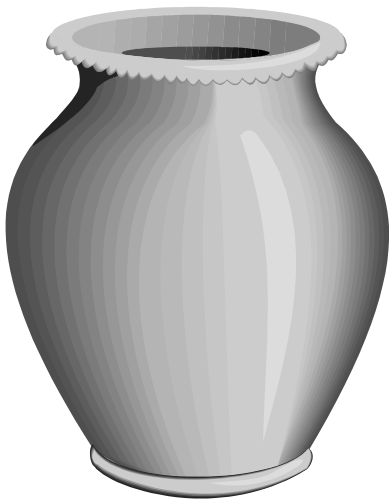
**Wednesdays**

**Jan 14—Mar 3**

**6:15—8:45 pm**

**8 weeks**

**Note:** The pottery classes are not designed for production work. Fee includes first bag of clay, firing and glazes.



## Kids Clay

**\$62**

Handbuilding only. Some of the things we will be building in this hands on class are Jack-o-lanterns, you can actually light! Tiles, trivets, place card holders, and small bowls. Please wear old clothes as you will get MESSY!

Instructor: **Andrea Hays** **6 weeks**

**Dates:** Mon, Jan 26—Mar 15

**Time:** 4:30-6:00 pm

**Ages:** 5-10

## Open Studio Note:

Ballard Community Center does not offer an "open studio". People who wish to use the pottery studio must be registered in one of the classes (listed on this page) offered by Ballard Community Center.

## Practice Time

Students *currently enrolled* in Ballard Community Center classes may practice in the studio when it is not scheduled for other classes. Times to be posted in the studio.

## Teen Pottery

Learn the skilz for wheel throwing, hand building and much more! Develop your own designs in glazing and surface decoration that will make each piece you create your own.

For ages 12 to 18

Instructor: **Andrea Hays**

**Mondays**

**January 26—March 22**

**3:00—4:15 pm**



## Youth Pottery

**\$62**

Using drop molds, hump molds and extruded clay, we will make hand built tableware that you create! We will explore ancient surface decoration techniques of "terra sigillata" and "sgraffito" to make one-of-a-kind original pieces of art. Plenty of hand sculpting too!

Instructor: **Andrea Hays**

**Days:** Wed, Oct. 29—Dec. 3

**6 weeks**

**Time:** 4:30—6:00 pm

**Ages:** 11-Teen



# Mail In Registration

PAYEE INFORMATION, PLEASE PROVIDE ALL INFORMATION REQUESTED BELOW

NAME: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CREDIT CARD PAYMENT: VISA \_\_\_\_\_ MASTERCARD \_\_\_\_\_ AMERICAN EXPRESS \_\_\_\_\_  
CARD# \_\_\_\_\_ EXP. Date \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

☐ Yes, my child may be photographed for use in Ballard Community Center publications.

I hereby give my consent for the below named participant(s) to participate in the program(s) listed below being conducted or co-sponsored by the Seattle Department of Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Department of Parks and Recreation, the Department's employees, Advisory Council, or any volunteer associated with the program responsible for injuries, damage or personal loss incurred with participating in said program(s). The undersigned and below named participant(s) are aware that safety regulations are applicable to the above program(s) and hereby agree to comply with such regulations and all directions of instructors and/or other personnel in charge of program(s).

Signature (Participant, Parent of Guardian) \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_ Relationship \_\_\_\_\_

Class Title	Day(s)	Time	Fee	Participant(s) Name	Birth Date	Sex

Complete the Credit Card payment information or make checks payable to:

**Ballard Advisory Council #130 and mail to:**

**Ballard Community Center 6020—28th Avenue North West Seattle, WA 98107**

# Senior Adults

## REGISTRATION INFORMATION CLASSES / SPECIAL EVENTS

206-233-7138

Recreation Specialist - Stacie Sheridan

**Winter Quarter Dates:** January 5 –March 19  
**No Programs:** January 19, February 16

**Make-Ups:** We encourage you to make up cancelled classes at any other site in the city. Please inform the instructor you're making up the class.

**Class Registration begins December 22.** Please use the **Registration Form** in this brochure. Class dates/times are subject to change.

**Mail class payments to:** Sr. Adult Programs, ATT: Stacie, 8061 Densmore Ave. N, Seattle, WA 98103. Make checks payable to 'SAAC'

### N.W. DIVISION SITES:

Ballard CC ..... 6020 - 28th Ave NW  
Bitter Lake CC ..... 13035 Linden Ave N  
Loyal Heights CC ..... 2101 NW 77th St

## DROP-IN PICKLEBALL Free

Continue to exercise and improve your skills by teaming up with other players – fun and challenging!

Tuesdays 11:00-2:00 pm Ballard  
Fridays 12:30-2:30 pm Bitter Lake

## LINE DANCING (*Begins Jan. 13*) \$18.00

Move to the music! NO experience or partner needed. Great for the body and soul.

Instructor: Jayla McGill

Tuesdays 9:00 -10:00pm Ballard



## LUNCH CLUBS

Explore the hottest local foods with fun people. Register Jan 5, 8am, 233.7138. Limited capacity. There is automatic 17-20% gratuity on your table's tab. Meet at Ballard CC. 11am. Each trip is \$3.00 paid in advance. Tuesdays. \$=\$10.00

**CARMINE'S** \$\$ *Italian* ..... Jan 27

**LYNN'S BISTRO** \$\$ *French/Asian* ..... Feb 24

**FISH CLUB** \$\$ *Seafood, Mediterranean* .... Mar 16

## FITNESS & DANCING

**SENIOR AEROBICS** \$18.00–1 day  
**week**Join friendly, low impact aerobics, body strengthening and stretching taught by certified instructors. S. Sheridan

Mon 9:00 - 10am Ballard

### ARTHRITIS EXERCISE (PACE)

\$22.00Class includes range of motion, muscle strengthening and endurance exercises, body mechanics, and stretching techniques.S. Sheridan

Tues 9:00 - 10am Ballard

### FITNESS WALKING/STRENGT \$18.00

Class includes walking, stretching, strengthening and fun. All to great music.S. Sheridan

Fri 9:00 – 10:00 am Ballard

### TAI CHI FOR EVERYONE \$25.00

Learn slow, gentle exercises that are good for balance, muscles strengthening and range of motion. This class uses the Yang-style short form. Karin Collins

Wed 10:30-11:45 am Ballard

## MADCAP MOVIES & LUNCH

\$5.00 Each

These 2 films celebrate the golden age of American comedy film., followed by a delicious lunch .

Mondays 10:15 – 1:00pm Ballard

**The Awful Truth** 1937 Comedy about a couple filing for a divorce with the only hitch being who will get custody of their beloved terrier.....Feb 2

**It Happened One Night** 1934 comedy starring Clark Gable as a hard-bitten reporter who stays close to a runaway heiress (Claudette Colbert) rather than lose a good story. Funny and sexy. March 8

# Senior Adults

## ARTS & CRAFTS

### **WATERCOLOR PAINTING \$60.00 / quarter**

Bring your paints, brushes and joy of painting. A demonstration after each lesson with lots of guidance. All skill levels welcome.

J. Dodds      Mons. 10:15 – 12:15 Bitter Lake

### **INTERMEDIATE DRAWING \$40.00/qtr**

Pencils / charcoal, we'll focus on perspective, proportions, and importance of composition. Students enjoy short class demonstrations, and critiques from peers. Instructor: Kathleen McHugh.

Thursdays      10:30-12:30pm      Bitter Lake

## **OPEN DROP-IN GAMES**

**Free** Learn new games and play your old favorites. They'll set you thinking and laughing all the way through.. Tuesdays 10:00-12:00 pm  
Ballard Fridays 1:00 – 2:00pm  
Ballard

## **BALLARD BOOK CLUB**

Meet the last Friday of the month at Ballard Library, 5711 - 24<sup>th</sup> Ave NW at 10:30a.m. All are welcome.

**Jan 30: *The Bird Artist* by Howard Norman**

**Feb 27: *Invisible Man* by Ralph Ellison**

**Mar 26: *The Autobiography of Miss Jane Pitman* by Ernest Gaines**

## **How To Sort & Move A Lifetime Of Belongings And Live To Tell About It    Free**

Are you considering a move? Does the prospect of sorting and dispersing 50 years worth of belongings make you shudder? Maybe you are just wanting to thin out your belongings. Join us and we'll give you all the support and information you'll need to survive the downsizing process. Register 233-7138.

**Feb 23 (Mon)      10:15-11:15 am      Ballard**

## **SPRING PLANNING MEETING**

Your input is wanted to provide the best activities possible. Please bring ideas, newspaper clippings, suggestions for classes, workshops, trips, and more. Jan 12 (Mon) Walking 10:15-11:15 am Ballard Jan 12 (Mon) Trips 11:15-12:15 am Ballard

## **HELPING HANDS**

An opportunity to give back to our wonderful Seattle Parks. Simple, 1 hour, non-strenuous work/socialize. Bring sack lunch. We provide drinks & treat. Register, 233-7138, Dec 23rd, 8:00 am. Name which parks you'll be assisting with. Van pick-up: Ballard. Tuesdays

Jan 13      10:15-1:30pm      Carkeek Park

Feb 17      10:15-1:30pm      Carkeek Park

Mar 2      10-2:00pm      Atlantic St Nursery

## **HIKES & WALKS**

**Register: call Dec 23, 8am at 233-7138. Walk at your own pace for up to 1 hour & 15 minutes.** Wear all terrain shoes. Please name the walks you'll attend. Rain or shine! Lunch in local towns, on your own

Time: 10:15am - 3 pm. **All walks \$5.50-pd in advance.**

Van Pick-Up: Ballard CC      All Tuesday outings.

**Juanita Bay      Jan 6**

**Magnuson Park      Jan 20**

**St. Edwards Park      Feb 3**

**Lake Forest Park      Feb 10**

**May**



# Ballard Pool

1471 NW 67<sup>th</sup>, Seattle, WA 98117

(206) 684-4094

## WINTER SCHEDULE - January 2 – April 4, 2004

### Monday & Wednesday

6:00-7:30am\* Early Morning Lap Swim  
12:00-1:15pm Adult & Senior Swim  
1:15-2:15pm Water Exercise  
2:15-2:45pm Kinder Swim Lessons  
3:00-4:00pm Lap Swim (begins 2/18)  
4:00-6:00pm Salmon Bay Aquatics  
(until 5:00 pm on Wed.)  
5:00-6:00pm Public Swim (Wed. Only)  
6:00-6:30pm Kinder Swim Lessons  
6:30-7:00pm Youth Swim Lessons  
7:00-7:30pm Kinder Lessons (Mon. Only)  
7:00-7:30pm Youth Lessons (Wed. Only)  
7:30-8:00pm Adult & Private Lessons &  
Pre-Competition (drop-in)  
8:00-9:30pm Adult & Senior Swim

### Tuesday & Thursday

6:00-7:30am\* Early Morning Lap Swim  
12:00-1:15pm Adult & Senior Swim  
1:15-2:15pm\*\* Aqua Jogging  
1:15-1:45pm Day Care Lessons (Tues. Only)  
1:15-1:45pm Tot Lessons (Thurs. Only)  
1:45-2:15pm Kinder Swim Lessons  
2:30-4:00pm SPS – BHS Swim Team  
4:00-5:30pm Salmon Bay Aquatics  
5:30-6:00pm Kinder Swim Lessons  
6:00-6:30pm Youth Swim Lessons  
6:30-7:00pm Kinder Swim Lessons  
7:00-7:30pm Tot Lessons (Tu **OR** Th)  
7:00-7:30pm Adv. Youth Lessons  
7:30-8:30pm Family Swim (Tues. Only)  
7:30-8:30pm Lap Swim (Thurs. Only)  
8:30-9:30pm Water Exercise & Hydrofit

### Friday

6:00-7:30am\* Early Morning Lap Swim  
12:00-1:15pm Adult & Senior Swim  
  
1:15-2:15pm Water Exercise  
3:00-4:00pm Lap Swim (begins 2/20)  
4:00-5:30pm Salmon Bay Aquatics  
5:30-6:30pm Lap Swim  
6:30-8:00pm Public Swim

### Sunday

11:00-1:00pm 4-Lane Lap Swim  
1:00-2:00pm Water Exercise & Hydrofit  
2:00-3:00pm Public Swim  
3:00-3:30pm Tot & Private Lessons  
3:30-4:00pm Kinder & 3 Yr. Old Lessons  
4:00-4:30pm Youth & Private Lessons  
4:30-5:30pm Family Swim  
5:30-7:00pm Adult & Senior Swim

\* **Admission to Early Morning Lap Swim is  
by Recreation Swim Card Only.**

**\*\*Swim cancelled –Feb 17 & 19, 2004**

**Have your next party at the  
Ballard Pool !**

**Ballard Pool** is available for  
private rentals on Saturdays!

Plan your next party here at the pool.  
Call (206) 684-4094 for more details.

**Ballard Pool** will be **closed** for the following  
**HOLIDAYS:** **Thur, Jan 1– New Years Day**  
**Mon., Jan 19– MLK Day**  
**Mon., Feb 16– Presidents Day**

### Individual Fees: –

Under 1 year– Free, Youth (1-18) \$2.25, Adult (19-64) \$3.25, Senior (65+) \$2.25, Spec. Pops \$2.25  
Slide \$1.00, Universal Gym \$.50, Shower \$2.00, Towel \$.50, Water Exercise, Hydrofit & Aqua Jogging  
Adults \$3.75/Seniors \$2.50. Punch Cards & Monthly Passes also available.

## Special Events – . . .

### Additional Public Swims –

*Come have some extra fun during **WINTER** and **MID-WINTER BREAK!***

**Tuesdays Dec. 23 & 30, 2003 & Feb. 17 & Thursday, Feb. 19, 2004**

**1:30-2:50pm**

### 6<sup>th</sup> Annual Dive In Movie Night

Saturday, February 21, 2004

**Movie #1 – 4:00-6:00pm** Tickets go on sale Fri., Jan. 30, 2004 at 6:00pm (Lottery Style)

**Movie #2 – 6:30-8:30pm** Tickets go on sale Fri., Jan. 30, 2004 at 7:00pm (Lottery Style)

**Youths \$5.00 / Adults \$6.50**

Limit 6 Tickets/Person

*Don't miss out on the fun – Come watch a movie, while enjoying a super swim in our moonlight Hawaiian pool. Along with Ballard's many attractions - 22 ft. long slide, rope swing, 1 meter diving board, spa etc.*

*Snacks, refreshments, prizes, and more. . .*

### Day Off from School—Teacher in Service Day

**Monday, January 26, 2004 - 10:30-11:30pm**

An extra Public Swim for something fun to do on your day off from school!

*(Regular Admission Prices)*

#### HOW TO REGISTER FOR SWIMMING LESSONS:

- 1) If you are currently enrolled in Ballard Pool swimming lessons, sign up for the new session during the last night of your current class.
- 2) If you would like to be a new participant in swimming lessons at Ballard Pool, please come to our **OPEN REGISTRATION**, dates noted below under “**Winter Lesson Dates and Registration**”. Note “**New Participant Dates**”.
- 3) **Pre-Tests are required before registration** to determine what level of Kinder or Youth classes to sign up for. You may take a pre-test free of charge during any of our public or family swims, see pg.? for days and times.
- 4) Ballard Pool registration system is done on a “lottery basis”. You will stand in line according to the number you draw. Payment is required at the time of registration.
- 5) A minimum of 4 students is required for all youth swimming classes. Programs may be combined or cancelled if minimum enrollment is not met.

*In the event that classes are full, a waiting list for the current session will be made. New classes added according to pool space and instructor availability.*

#### Winter Lesson Dates and Registration

	<b>#Lessons</b>	<b>\$Yth. Cost/</b>	<b>\$Ad. Cost</b>	<b>New Participant</b>
	↓	↓	↓	<b>Dates ↓ (Open Registration)</b>
<b><u>Mon. &amp; Wed. Classes</u></b> (*no class on Jan. 20)				
Session I	Jan. 12-Feb. 11* 9	\$36.00/\$54.00	\$36.00	Tues., Jan. 6, 6:00pm
Session II	Feb. 23-Mar. 29 11	\$44.00/\$66.00	\$44.00	Wed., Feb. 18, 6:30pm
<b><u>Tues. &amp; Thurs. Classes</u></b>				
Session I	Jan. 13-Feb. 12 10	\$40.00		Tues., Jan. 6, 6:00pm
Session II	Feb. 24-Mar. 30 11	\$44.00		Wed., Feb. 18, 6:30pm
<b><u>Mon. Only Classes</u></b> (*no class on Jan. 19 & Feb. 16)				
Session I	Jan. 12-Mar. 29* 10	\$40.00		Tues., Jan. 6, 6:00pm
<b><u>Tuesday Only Classes</u></b> (*no class on Feb. 17)				
Session I	Jan. 19-Mar. 30* 11	\$44.00		Thurs., Jan. 6, 6:00pm
<b><u>Wednesday Only Classes</u></b> (*no class on Feb. 18)				
Session I	Jan. 14-Mar. 24* 10	\$40.00		Thurs., Jan. 6, 6:00pm
<b><u>Thursday Only Classes</u></b> (*no class on Feb. 19)				
Session I	Jan. 15-Mar. 25* 10	\$40.00		Thurs., Jan. 6, 6:00pm
<b><u>Saturday Only Classes</u></b> (*no class on Feb. 14)				
Session I	Jan. 10-Mar. 27* 11	\$44.00/\$66.00		Thurs., Jan. 6, 6:00pm
<b><u>Sunday Only Classes</u></b> (*no class on Feb. 15)				
Session I	Jan. 11-Mar. 28* 11	\$44.00/\$66.00		Thurs., Jan. 6, 6:00pm

# Policies and Procedures

## FEES AND CHARGES

The programs and activities listed in this brochure are provided by the **Ballard Community Center & Ballard Pool Advisory Council** under an agreement with the Seattle Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the costs of these programs. The program fees listed include a 1.1% per class fee and \$1.50 per workshop fee which is paid to the Seattle Department of Parks and Recreation for each adult registered in a program. Fees for athletic use is as follows: youth sports practice times are assessed \$1.00 per hour and \$2.00 per youth game. For adults, \$18 per adult is charged for indoor/outdoor leagues, tournaments and playoffs. The Department uses the latter funds to defray the overall operation expenses. Fees listed include sales tax where applicable in accord with current provisions of the state tax code.

## REFUND POLICY

It is policy of the Parks Department to make a full refund to participants who register for a program that is canceled by the Department for any reason. If a participant drops from a class or program for which he or she is registered prior to the second session of a series, the pro-rated class fee plus a service charge of \$5.00 or 10% of the fee, whichever is greater, will be retained. This service charge is to offset the Department or Advisory Council cost in handling the refund. If a participant drops a class or program after the second session of a series, no refund will be given. Occasionally, no refund or credit is available for specific program service, which may include deposits for registration or rentals. Information on any specific exceptions is available from recreation staff prior to payment or purchase.

## SCHOLARSHIPS

Ballard Community Center & Ballard Pool Advisory Council and the City of Seattle approve scholarships based on need and funds available. DSHS low income guidelines are followed for awarding scholarships. Contact the Center or Pool staff for scholarship information.

## GET INVOLVED IN YOUR NEIGHBORHOOD

The Ballard Advisory Council members give direction and input on the various programs and activities offered at the community center. Your voice and/or participation will be an important part of the planning process for several programs and projects that will be undertaken in the year 2002-2003. These programs and projects will have a positive long-term effect on the community and the Community Center. Please contact Terri Burns or Chris Easterday at (206) 684-4093 to make a difference!

### Ballard Community Center & Pool 2003-04 Advisory Council Members

Gino Galvan .....	President
Kim Paxton .....	Vice President
Susan Shear .....	Secretary
Annette Busko .....	Treasurer
Elroy Carlson .....	Member
Lois Dixon .....	Member
Kirsten Murray .....	Member

## INTERESTED IN TEACHING?

We are always looking for top quality instructors to offer unique courses. Anyone with knowledge to share is welcome to propose a class or workshop idea. Selection is based on interest of our participants and space availability. If you are interested in teaching, call (206) 684-4093.

## NON - DISCRIMINATION POLICY

As a matter of policy and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, creed, color, sex, marital status, sexual orientation, political ideology, age, religion, ancestry, national origin, or the presence of any sensory, mental or physical disability.

## PERSONS WITH DISABILITIES

Accommodation will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodation, please call 684-4093 or (TDD ONLY) 233-7061. If possible, please allow 10 working days advanced notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

# Community Resources

## BUILDING RENTAL INFORMATION

The Ballard Community Center is an ADA compliant facility, and can accommodate both small and large groups for meetings or celebrations of special occasion. Facilities include the following room sizes: **Small** (up to 400 square feet)

**Medium** (401-1500 square feet)

**Large** (1500+ square feet).

This facility boasts a gymnasium, kitchen, warm lobby, accessible restrooms, and helpful staff. Our fees are affordable, and we would be happy to work with you to make your event a success.

## VOLUNTEER COACHING...

**Please consider giving back to your community with your skill, time and enthusiasm for youth in sports.**

Impact young lives in volleyball, flag football, indoor soccer, or basketball. All you need is basic knowledge of fundamentals, several hours a week, and a yearning to teach and lead young people. Please call **(206) 684-4093** for more info.

## COMMUNITY PHONE NUMBERS

### Parks Dept. Community Centers

Alki .....	684-7430
<b>Ballard .....</b>	<b>684-4093</b>
Bitterlake .....	684-7524
Delridge .....	684-7423
Discovery Park .....	386-4236
Garfield .....	684-4788
Greenlake .....	684-0780
Hiawatha .....	684-7441
Highpoint .....	684-7422
Jefferson .....	684-7481
Langston Hughes	
Cultural Arts Center .....	684-4757
Laurelhurst .....	684-7529
Loyal Heights .....	684-4052
Magnolia .....	386-4235
Meadowbrook .....	684-7522
Miller .....	684-4753
Montlake .....	684-4736
Queen Anne .....	386-4240
Rainier .....	386-1919
Rainier Beach .....	386-1925
Ravenna-Eckstein .....	684-7534
South Park .....	684-7451
Southwest .....	684-7438
Van Asselt .....	386-1921
Yesler .....	386-1245

### Library & Service Centers

#### Ballard Neighborhood

<b>Service Center .....</b>	<b>684-4060</b>
Ballard Library .....	684-4089
Greenwood Neighborhood	
Service Center .....	684-4096
Greenwood Library .....	684-4086

### Parks Dept. Swimming Pools

<b>Ballard .....</b>	<b>684-4094</b>
Evans .....	684-4961
Madison .....	684-4979
Meadowbrook .....	684-4989
Medgar Evers .....	684-4766
Queen Anne .....	386-4282
Rainier Beach .....	386-1944
Southwest .....	684-7440
Colman <b>(Summer only)</b> .....	684-7494
Monger <b>(Summer only)</b> .....	684-4708

### More Seattle Parks Department

Aquarium Info .....	386-4320
Ball Field Reservations ..	684-4082
Compliments/Complaints ..	684-4837
<b>Rainout Hotline .....</b>	<b>233-0055</b>
Seattle Tennis Center ....	684-4764
Senior Adult Programs ...	684-4951
Specialized Programs ....	684-4950
Picnic Reservations .....	684-4081
Wading Pool Hotline .....	684-7796
WP Zoo Info .....	684-4800

### Local Athletics

Ballard Little League .....	985-0534
Ballard Jr. Football .....	789-9760
Ballard Youth Soccer .....	783-2515
Interbay Golf Center .....	285-2200
NW Little League .....	363-3379
Grnlk Pitch & Putt Golf ...	632-2280

### Local Schools

Adams Elem. School .....	252-1300
Adams Kids Company ...	781-8186
Ballard High School .....	252-1000
Coho / NOMS .....	378-2770
St Al's.....	782-4363
Whitman.....	252-1200
Whittier.....	252-1650
West Woodland.....	252-1600

### More Local Numbers

Animal Control .....	386-4254
Ballard Ave Landmarks ..	684-0215
<b>Ballard Boys &amp; Girls Club ..</b>	<b>783-5775</b>
Ballard Chamb of Comm ..	784-9705
<b>Ballard Family Center ..</b>	<b>706-9645</b>
Ballard Historical Society ..	782-6844
Ballard Merch. Assoc. ....	783-4562
Ballard News Tribune ....	783-1244
Ballard Spice Program ...	281-6834
Central Ballard	
Community Council .....	789-3620
Locks, the Visitor Cntr ...	783-7059
Nordic Heritage Museum ..	789-5707
North End Emer. Fund ...	789-7800
<b>NW Senior Center .....</b>	<b>297-0403</b>
Pea-Patch Garden Info ..	684-0264
Phinney Neighbrhd Cntr ..	783-2244
Police – North Precinct ..	684-0850
Sea/King Co Health Dept. ..	296-4992
Leif Erikson Lodge S/N ...	783-1274
<b>Sunset Hill Comm Club ..</b>	<b>784-2927</b>
Youth Crisis Clinic .....	461-3222
Washington State DSHS ..	789-5200

# What's New At Ballard CC?

## Daddy Daughter Dinner/

The Orient Express

Now in it's 14th year, this event has become a tradition for dads and their girls of all ages. This year will have an Orient Express theme. Plan ahead now!

**Saturday, Feb. 7, 6—9 pm**

**Tickets go on sale Dec. 1**

**\$40 per dad/daughter**

**\$10 each additional daughter**



Our 13th Annual Daddy Daughter Dinner is a Ballard Tradition!

**Saturday, February 7**

**6:00—9:00 pm**

**\$40 per Dad/Daughter,**

**\$10 each additional daughter.**

**Call 684-4093 to register,  
or for more information!**

## Music for Moppets

**\$60**

**by Leap into Music!**

A preschool music program for 4 to 6 year olds. Music for Moppets is a blend of music, movement and drama where children work in groups of four to six once a week for 45 minutes. Students learn beginning skills to express their innate love of music. The focus of these classes on creative thinking and understanding, steering clear of rote learning. Through a series of improvisational experiences, students develop creative thinking and build self-confidence. Max enrollment 6.

Instructor: **Elizabeth Jennings**

Days: **Saturday Jan 17—Mar 20**

Time: **9:00--9:45 am**

**10:00-10:45 am**



## Sculpture and Things

Painting on paper not enough? Let's build things! (and then paint them.) In this class your child will explore 3 dimensions. Class projects will be age appropriate beginning with simple relief designs and basic hand building, then move into larger scale projects made of cardboard modules and glue, paper mache, casting materials and finish the class with life-sized stuffed dolls. Dress to mess and ages 2-4 bring your favorite grown-up. 10 weeks

Instructor: **Carrie O'Donoghue**

**Dates:** Jan. 10—Mar. 27 (no class 2/7 & 3/13)

**Days:** Saturdays

**Time:** Ages 2—3 9:15—10:00 am \$78

Ages 4—6 10:15—11:15 am \$85

\*Ages 7—9 11:30—1:00 pm \$102

\*(bring a snack)

## Dance Fever (Urban Elements)

Monday 2:30-3:30

Loyal Heights Community Center

Age 6<sup>th</sup>-12<sup>th</sup> Grade

Instructor: Kim Nguyen

Want to fresh up on your grooves? Want to ditch the side to side sway that you have become accustomed to? Want a way to work in your winter workout while having fun? If so, then this program is for you. Dance Fever Urban Elements is a specialized Hip-Hop dance class that breaks down the dance forms which make up a large part of Hip-Hop and allows you to self choreograph a hip hop dance for you and your friends while enjoying a full aerobic workout.